



Unveiling Excellence



Annexure-IX

Activity Report

USTM NSS Cell

2022-23



National Service Scheme Cell
UNIVERSITY OF SCIENCE & TECHNOLOGY MEGHALAYA
Accredited 'A' Grade by NAAC

Policy Guidelines

The central theme of NSS which Mahatma Gandhi tried to impose upon our student was social responsibility of them. USTM believes on that and understand that the first duty of the students should be, not to treat their period of study as one of the opportunities for indulgence in intellectual luxury, but for preparing themselves for final dedication in the service of those who provided the sinews of the nation with the national goods & services essential to society. Mahatma Gandhi mentioned that instead of undertaking academic research about economic and social disability, the students should do “something positive so that the life of the villagers might be raised to a higher material and moral level”.

The overall aim of National Service Scheme is to give an extension dimension to the higher education system and orient the student youth to community service while they are studying in educational institution. The educated youth who are expected to take the reins of administration in future are found to be unaware of the problems of the village/slum community and in certain cases are indifferent towards their needs and problems. Therefore it is necessary to arouse the social conscience of the students, and to provide them an opportunity to work with the people in the villages and slums. It is felt that their interaction with the common villagers and slum dwellers will expose them to the realities of life and bring about a change in their social perception.

NSS helps the student to grow individually and also as a group. Volunteering for various tasks under NSS activities allows students to become confident, develop leadership skills, and learn about different people from different walks of life.

NSS aims at developing the personality of students through community services. It has endeavored to stimulate the social consciousness of students and provide them with the opportunity to work with the people around the educational campuses creatively and constructively. Therefore considering all the aspects NSS Center of USTM constituted.

1. NSS Centre of USTM

Like other University NSS cell USTM constituted to supervise and coordinates NSS programme at the University level

Programme Coordinator

The Programme coordinator is the key functionary who heads the NSS Centre of USTM. The important functions of the programme coordinator are:

- To assist and guide the NSS unit for implementation of NSS programmes at University level
- To advise in organizing camps, training and orientation programmes for the NSS volunteers
- To visit the NSS units for monitoring and evaluation
- To ensure implementation of NSS regular activities and special camping programmes

1. NSS Unit of University

The unit at department level is the grass-root unit in NSS. The NSS Centre keeps contact with the community, administration, student volunteers and Programme Officers through this unit only.

2. Enrollment of NSS volunteers

NSS volunteers are enrolled from the first, second and third year degree-class students of the University from different department.

3. Programme Officer (PO)

A Programme Officer is a Faculty member of the Department nominated by the HoD to undertake the responsibility. The Programme Officer is responsible for all NSS related activities in the University. One programme officer is in-charge of one unit only. Clubbing two department (in case of small department) one programme officer can be selected. The roles and functions of programme officer are as follows:

As an Organizer: The PO needs to organize activities related to the aim of NSS and also the activities suggested by the NSS Centre

As an Educator: The PO needs to update the volunteers by organizing orientation programmes to improve volunteer skills in the students enrolled for NSS

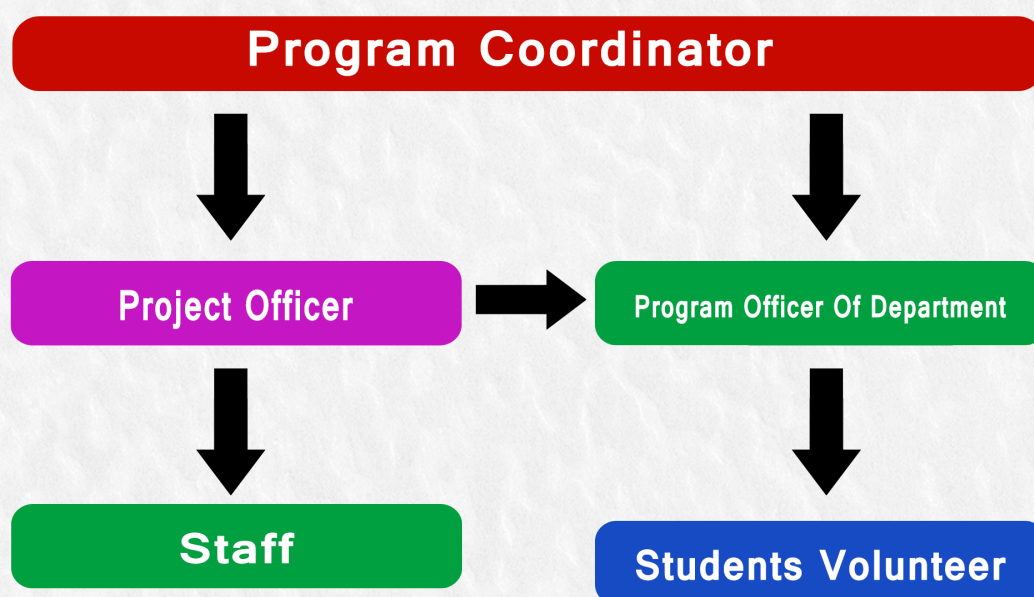
As a Coordinator: The PO needs to coordinate with NSS Centre at the University for all activities to be conducted in the college by the NSS volunteers

As a Supervisor - The PO needs to supervise all NSS activities conducted by the NSS volunteers of the college.

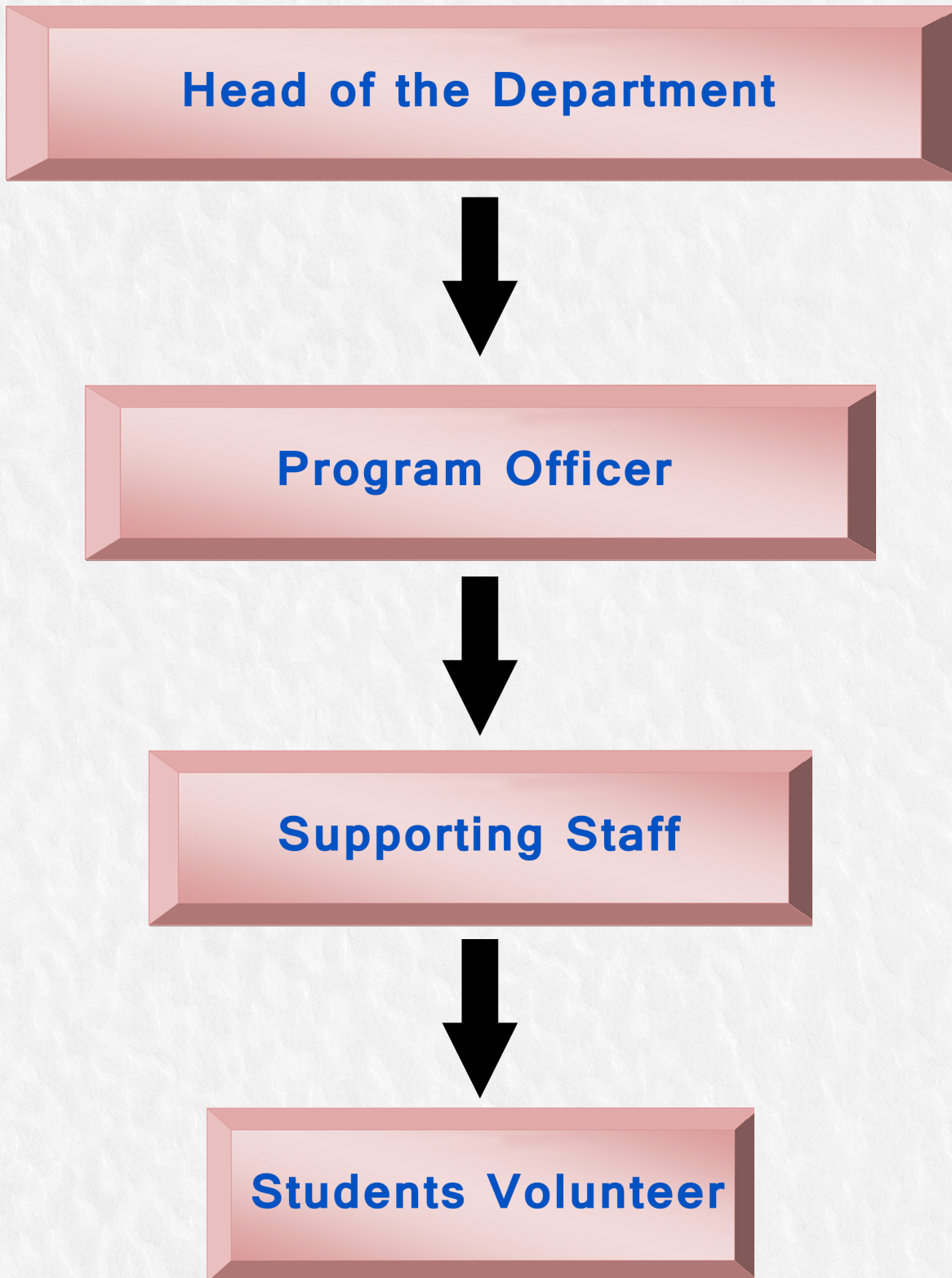
As an Administrator: The PO needs to take prior approvals from the NSS centre before conducting any NSS activity.

As a Public Relation Person - The PO has to exhibit PR skills to be an example for his/her volunteers

Core Structure of USTM NSS Center



USTM Department/Unit Structure



Unit Details of USTM NSS Cell (2022-23)

Sl. No.	Name of the Program Officer	Name of the Unit	No. of Volunteers (given by Units)
1	Mr. Harimall Thahuri Asst. Professor, Commerce	The Highlanders	100
2	Mr. Rashiduzzaman Prodhani Asst. Professor, Computer Sc	Robust Rhinos	100
3	Dr. Puja Saikia, Asst. Professor, Physiotherapy	Everest Builders	100
4	Dr. E.A. Huda Asst. Professor, Earth Sc.	Green Earth	100
5	Mr. Rudra Prasad Adhikary Asst. Professor, Pharmaceutical Sc.	SPS The Torchbearers	100
6	Dr. Himashree Patowary Asst. Professor, Political Science	Himalayan Rangers	100
7	Mr. Saikat Majumdar Asst. Professor, Rural Development	Rural Connect	100
8	Dr. Manjit Kr Ray Asst. Professor, Applied Biology	Satakshi (Vision for Care)	100
9	Mr. Abdul Wadud Sk Asst. Professor, Law	Legal Vision	100
10	Dr. Ashok Alexander Asst. Professor, Social Work	Social Responsibility	100
11	Mr. Rohit Sarma Asst. Professor, Business Admin	The Samaritans	100
12	Mr. Sudipta Nag Asst. Professor, Zoology	Wildlife Conservation	100
13	Mr Arkupal Ra Aharya Asst. Professor, English	Litrery Club	100
14	Dr. Milu Rani Das Asst. Professor, Botany	Go Green	100
15	Dr. Nazia Parveen Asst. Professor, Sociology	Sociology of Life	100
16	Ms Punita Deori Asst. Professor, PQSE (Women Cell)	Women Power	100
17	Dr. Rameez Manzoor Asst. Professor, Social Work (Boys Hostel)	The Dreamer	100

1. The broad objectives of NSS are to:

- (i) Understand the community in which they work
- (ii) Understand themselves in relation to their community;
- (iii) Identify the needs and problems of the community and involve them in problem solving process;
- (iv) Develop among themselves a sense of social and civic responsibility;
- (v) Utilize their knowledge in finding practical solution to individual and community problems;
- (vi) Develop competence required for group living and sharing of responsibilities;
- (vii) Gain skills in mobilizing community participation;
- (viii) Acquire leadership qualities and democratic attitude;
- (ix) Develop capacity to meet emergencies and natural disasters and
- (x) Practice national integration and social harmony.

Aims of NSS Programmes/Activities

The operational aim of NSS is to integrate the three basic components of the programme. NSS programme should provide a variety of learning experiences which must develop a sense of participation, service and achievement among the volunteers. The activities should aim at the following:

- (i) Making education more relevant to the present situation to meet the felt needs of the community and supplement the education of the university/college students by bringing them face to face with the rural situation;
- (ii) Providing opportunities to the students to play their role in planning and executing development projects which would not only help in creating durable community assets in rural areas and urban slums but also results in the improvement of quality of life of the economically and socially weaker sections of the community;
- (iii) Encouraging students and non-students to work together along with the adults in rural areas;
- (iv) Developing qualities of leadership by discovering the latent potential among the campers, both students as well as local youth (Rural and Urban), with a view to involve them more intimately in the development programme and also to ensure proper maintenance of the assets created during the camps;
- (v) Emphasizing dignity of labour and self-help and the need for combining physical work with intellectual pursuits;
- (vi) Encouraging youth to participate enthusiastically in the process of national development and promote national integration, through corporate living and cooperative action.

NSS activities have been divided in two major groups. These are regular NSS activities and special camping programme –

- (a) Regular NSS Activity: Under this, students undertake various programmes in the adopted villages, college/school campuses and urban slums during weekends or after college hours;
- (b) Special Camping Programme: Under this, camps of 10 days duration are organized in adopted villages or urban slums during vacations with some specific projects by involving local communities. 50% NSS volunteers are expected to participate in these camps.

NSS volunteers generally to work among villages, slums and voluntary agencies to complete 120 hours of regular activities during an academic year. As per the fundamental principles of National Service Scheme, a volunteer is expected to remain in constant touch with the community. Hence, it is of vital importance that a particular village/slum is selected for implementation of NSS programmes. As the NSS volunteer is to live with the members of the community and learn from their experience during his/her tenure in NSS, the village/slum should be carefully selected for smooth functioning of the activity.

1. Adoption of Villages

Adoption of a village and area is a very meaningful programme in NSS. It is far better to concentrate attention on one village and take up the task for development perspective, than to fritter away energy in many locations involving too many activities which may not be completed at all or where the follow up action may not be possible. From this point of view, village adoption programme should ensure continuity of work vis-à-vis sustained action, evaluation and follow up work.

2. Contacting Village/Area Leaders

As a first step in this programme, it is necessary to establish contact with more than one village which would help to select a village where 'Leadership' is well established. In other words, selecting a village with proper leadership is very important as the sustained follow up action and evaluation is ensured in such places. To start with, the NSS unit can take the help of the Block Authorities, District Panchayat Officer, District Tribal Welfare Officer, District Medical Officer, Extension Officer of Agriculture, Irrigation and Education Departments for the selection of the village. It is to be noted that the selected villages should be within a short distance from the college so that constant contact can easily be made.

3. Survey of the Village/Area

Before drawing up the plan of action, it is absolutely necessary to conduct a comprehensive survey of few villages situated at a short distance from the college. The assistance from the teachers and students of agriculture, economics, commerce, geography, statistics, home science, social work, medicine, psychology and education etc. have to be sought for the purpose. Conducting socio-economic survey can be an interesting field activity which has direct bearing on the curriculum of economics, commerce, statistics, psychology, health education etc. The report of such a survey will provide up-to-date information about the problems and potentials of the village and help in programme planning for village development. The applied field work will help the students to increase their analytical ability and deepen their thinking. Further, this will help them to identify the problems which have been left unnoticed. The survey work can also be accomplished with the help of PRA exercises (Participatory Rural Appraisal)

4. Coordination with Voluntary Organizations

It may be noted that the NSS unit has no financial resource to implement any programme in the adopted villages or slum on its own. Therefore, a successful unit has to closely coordinate with the government agencies and voluntary organizations working in this field.

Some of the Proposed Activities of USTM NSS Center

(a) Environment Enrichment and Conservation:

Whereas the main theme for the special camping programme would be “Youth for Sustainable Development”, activities aimed at environment – enrichment would be organised under the sub-theme of “Youth for Better Environment”. The activities under this sub-theme would inter-alia, include:

- (i) Plantation of trees, their preservation and upkeep (each NSS unit should plant and protect at least 1000 saplings);
- (ii) Creation of NSS parks/gardens, Tarun Treveni Vanas.
- (iii) Construction & maintenance of village streets, drains, etc. so as to keep the environment clean;
- (iv) Construction of sanitary latrines etc.
- (v) Cleaning of village ponds and wells;
- (vi) Popularization and construction of Gobar Gas Plants, use of non-conventional energy;
- (vii) Environmental sanitation, and disposal of garbage & composting;
- (viii) Prevention of soil erosion, and work for soil conservation,
- (ix) Watershed management and wasteland development
- (x) Preservation and upkeep of monuments, and creation of consciousness about the preservation of cultural heritage among the community.

(b) Health, Family Welfare and Nutrition Programme:

- (i) Programme of mass immunization;
- (ii) Working with people in nutrition programmes with the help of Home Science and medical college students;
- (iii) Provision of safe and clean drinking water;
- (iv) Integrated child development programmes;
- (v) Health education, AIDS Awareness and preliminary health care.
- (vi) Population education and family welfare programme;
- (vii) Life style education centres and counseling centres.

(c) Programmes aimed at creating awareness for improvement of the status of Women:

- (i) Programmes of educating people and making them aware of women’s rights both constitutional and legal;
- (ii) Creating consciousness among women that they too contributed to economic and social well-being of the community;
- (iii) Creating awareness among women that there is no occupation or vocation which is not open to them provided they acquire the requisite skills; and
- (iv) Imparting training to women in sewing, embroidery, knitting and other skills wherever possible.

(d) Social Service Programmes:

Depending on the local needs and priorities, the following activities/programmes may be undertaken:

- (i) Work in hospitals, for example, serving as ward visitors to cheer the patients, help the patients, arranging occupational or hobby activities for long term patients; guidance service for out-door-patients including guiding visitors about hospital’s procedures, letter writing and reading for the patients

admitted in the hospital; follow up of patients discharged from the hospital by making home visits and places of work, assistance in running dispensaries etc.

- (ii) Work with the organisations of child welfare;
- (iii) Work in institutions meant for physically and mentally handicapped;
- (iv) Organising blood donation, eye pledge programmes;
- (v) Work in Cheshire homes, orphanages, homes for the aged etc.;
- (vi) Work in welfare organisations of women;
- (vii) Prevention of slums through social education and community action;

(e) Production Oriented Programmes:

- (i) Working with people and explaining and teaching improved agricultural practices;
- (ii) Rodent control and pest control practices;
- (iii) Weed control;
- (iv) Soil-testing, soil health care and soil conservation;
- (v) Assistance in repair of agriculture machinery;
- (vi) Work for the promotion and strengthening of cooperative societies in villages;
- (vii) Assistance and guidance in poultry farming, animal husbandry, care of animal health etc.;
- (viii) Popularization of small savings and
- (ix) Assistance in procuring bank loans

(f) Relief & Rehabilitation work during Natural Calamities:

These programmes would enable the students to understand and share the agonies of the people affected in the wake of natural calamities like cyclone, flood, earthquakes, etc. The main emphasis should be on their participation in programmes, and working with the people to overcome their handicaps, and assisting the local authorities in relief and rehabilitation work in the wake of natural calamities. The NSS students can be involved in:-

- (i) Assisting the authorities in distribution of rations, medicine, clothes etc.;
- (ii) Assisting the health authorities in inoculation and immunization, supply of medicine etc.;
- (iii) Working with the local people in reconstruction of their huts, cleaning of wells, building roads etc.;
- (iv) Assisting and working with local authorities in relief and rescue operation;
- (v) Collection of clothes and other materials, and sending the same to the affected areas;

(g) Education and Recreations:

Activities in this field could include:

- (i) Adult education (short-duration programmes);
- (ii) Pre-school education programmes;
- (iii) Programmes of continuing education of school drop outs, remedial coaching of students from weaker sections;
- (iv) Work in crèches;
- (v) Participatory cultural and recreation programmes for the community including the use of mass media for instruction and recreation, programmes of community singing, dancing etc.;
- (vi) Organisation of youth clubs, rural and indigenous sports in collaboration with Nehru Yuva Kendras;

- (vii) Programmes including discussions on eradications of social evils like communalism, castism, regionalism, untouchability, drug abuse etc.;
- (viii) Non-formal education for rural youth and
- (ix) Legal literacy, consumer awareness.

All the 17 units collectively work together to help in the development and growth in all concern areas. Thus we USTM NSS Cell work with a single thought in our minds: “Be the Change, You Wish to See”.

The Motto

The motto or watchword of the National Service Scheme is: **‘NOT ME BUT YOU’**. This reflects the essence of democratic living and upholds the need for selfless service and appreciation of the other person’s point of view and also to show consideration for fellow human beings. It underlines that the welfare of an individual is ultimately dependent on the welfare of society on the whole. Therefore, it should be the aim of the NSS to demonstrate this motto in its day-to-day programme.

Who We Are?

Some of you may call us life saviors, for some we may be the only source of hope. But in reality, we are just an organization of over 1700 active & dedicated members having a common goal - “Striving for the betterment of our motherland by fully indulging ourselves in the service of mankind”. NSS Cell USTM is the largest student-body group of USTM that brings an entirely new dimension to this prestigious institute. We are an organization consisting of 17 well-coordinated units through which we keep on contributing to several domains of social service. Of the many things that make us who we are, what drives us from within is what inspires us to work. Driven by a strong urge to help the needy, supplemented with great support from the students and sponsors, we aim to continue creating an impact on the lives of many thereby following our motto - “*Not Me But You*”.

What We Do?

We hope to make a change in our society on a national level by inculcating thoughts of social welfare among the people. We wish towards building a beautiful world and spreading the message of environmental preservation, peace and education among today's youth. NSS Cell USTM works on a diverse range of social issues including blood donation, spreading awareness, environmental issues, spreading education at all levels, etc. We also collaborate with several NGOs in and around. NSS Cell USTM primarily aims to work for the betterment of society and instill the spirit of social service among the young students. It organizes blood donation camps, AIDS awareness camps, informative lectures on human values, surveys, guest lectures on general topics, and other such events regularly at all levels. We have 17 units under us which covers various issues of importance like:

- Swach Bharat Abhiyaan
- Plantation Drive
- Yoga and Wellness
- Awareness Programmes
- Women Empowerment
- NGO & Relation
- Rural Transformation through Education
- Event Management and Promotion etc.

All the 17 units collectively work together to help in the development and growth in all issue areas. Thus we work with a single thought in our minds: “Be the Change, You Wish to See”.

Swacch Bharat Abhiyaan

Carrying forward the ideology of “Swachata Hi Seva” with utmost zeal and vitality, various units of NSS Cell USTM aims at spreading the message of private and public cleanliness and hygiene amongst all. The initiatives taken under this cell include setting up bio-toilets and biogas plants, various cleanliness drives and awareness programs to highlight the concept of “Swachhta”. Along with this, we also organized clothes, books, and other useful materials collection and distribution drives. Filled with enthusiastic volunteers this is one of the biggest drive of NSS Cell USTM.

Plantation Drive

Plantation drives combat many environmental issues like deforestation, erosion of soil, desertification in semi-arid areas, global warming and hence enhancing the beauty and balance of the environment. NSS Cell USTM heavily attempts to plant saplings in and outside the campus, in nearby locality, and at adopted village. These drives not only help the volunteers in gathering knowledge but also sensitize them to the importance of forestation. May such drives become a frequent activity in the lexicon of daily life of each human being, so that Mother Nature once again becomes glorious and grand.

Yoga and Wellness

Yoga and fitness is a nation-wide movement to encourage people to remain healthy and fit by including physical activities and sports in their daily lives. As a part of fitness, NSS Cell USTM organises many awareness programme about Yoga and other exercises with the help of experts and trainers time to time. Volunteers are ever encouraged to take part in Yoga workshops for the benefit of healthy life.

Awareness Programmes

Awareness is not about explaining people the different policies or facilities for their help but it is also about making them aware about the different prevalent problems in our society and ways to overcome them. It also helps in guiding them and making them self-sufficient so that they can make their own decisions. The same work is done various units of NSS Cell USTM. It actively participates to spread knowledge about topics such as MGNREGA, ration cards and public distribution system, right to vote, women empowerment, tuberculosis, cholera, polio, etc, in villages specially adopted villages. It brings into notice about the various problems the society faces and also tries to change the general perspective on issues like global warming, hazardous effects of polythene, alcohol, the increasing generation gap, poor usage of voting rights, blood donation and so on through stage plays, skits, road plays, cultural performances, dance, singing, acting, etc. the group is also involved in making video for NSS Cell USTM.

Women Empowerment

The issue of women empowerment focuses on one of the central issues prevalent in our society today. While society grows and develops, women seem to be left behind. Various units of NSS Cell USTM undertake activities to make sure that women contribute to the growth and development of society around them. No community, business or organization is complete without women. Every woman has so much to contribute. NSS Cell USTM works to bring women to the forefront by organizing activities like self-defense workshops, and health camps. NSS units also contribute to the improvement of menstrual sanitation by

helping in the manufacturing, supply, and disposal of sanitary pads. Various units have so far worked with the women from nearby villages to generate employment by connecting them to USTM campus for regular work.

NGO & Relations

Under the issue of NGO & Relations, it's strived to establish an efficient and healthy connection between NSS Cell USTM and various NGOs working in the same direction and towards the same cause. The issue of NGO & Relations also aims at maintaining a strong relationship with the various sponsors that collaborate with NSS Cell USTM thereby being beneficial to both. Working of this cell relies mainly on the coherent interaction with multiple groups (NGOs, Sponsors etc.). This is achieved by organizing various events involving the groups which act as a connecting link. Through these events, members of NSS Cell USTM get exposure to diverse methods and backgrounds which help in the improvement of NSS. Also, direct contact and working with the aforementioned NGOs help in building practical knowledge of the NSS members.

Village Transformation through Education

NSS Cell USTM has a long history of several amazing achievements. Through proper coordination amongst the 17 existing units, NSS has been helping change the lives of many. The village transformation plays a pivotal role in providing education to the needy and deserving students residing in rural areas. To educate and create awareness amongst the parents, various units of NSS Cell USTM visit nearby villages specially adopted villages over the past few years. Although the main aim of the unit is to spread education in the rural areas, it also focuses on executing special projects in collaboration with several NGOs for the all-round development of the students by helping them participate in several extra-curricular activities and also by focusing on the soft skills of the students.

Event Management and Promotion

The issue of event management and promotion act as the cardinal cell of the NSS Cell as all the major activities executed by the organization come under its functioning. Major events like blood donation camps and NSS guest talks are spruced up by the NSS volunteers in a graceful manner. The road map to the amiable working of the event is paved by the promotions done in advance to the event day. For promotion, bulletins and posters are put up all around the campus and also on some off-campus locations. The events like welfare sessions and workshops play a crucial role in influencing the life of audience remarkably and hence event management and promotion is an elemental component of the NSS.

Organizing Team

To create an impact at large, we aim to establish services that cater to all the sections of the society & environment, ranging from educational aid for deprived ones to awareness campaigns through workshops & cultural activities. Thereby, the multidisciplinary nature of the services provided by NSS Cell USTM calls for a methodical division of study-body in the form of units.

Regular NSS Activities of USTM NSS Cell

Each NSS volunteer is expected to put at least 120 hours of social service in an academic year. These 120 hours are to be devoted as follows:

- (a) Orientation/Training : 20 hrs
- (b) Campus Activity : 30 hrs
- (c) Community based activity : 70 hrs
- (d) Total : 120 hrs

Activities organized by NSS Cell during the year 2022 to 2023

Inauguration of Mobile Legal House for needy:

On 20th April'2022 with the objective of providing legal aid and advice to Court goers and any other people in need of legal counsel, the University School of Law and Research, in association with NSS Cell USTM today inaugurated Mobile Legal House. Dr. R.K. Sharma Advisor, USTM flagged off the Mobile Legal House Car. A team of faculty members and students from USLR, USTM provided legal counsel to the various people who approached the team with various legal queries and questions to which the team members provided legal counselling as and where applicable in CJM Court Guwahati.



Faculty USLR providing legal counselling to needy

Participation of volunteers in National Institute of Mountaineering and Allied Sports:

NSS Cell USTM volunteers participated attended training organized by National Institute of Mountaineering and Allied Sports (NIMAS) Dirang Arunachal Pradesh. All arrangements of the program for participation of volunteers were managed by NSS Cell USTM. The program was held on 1st April 2022 at Arunachal Pradesh.



Active participation of all volunteers

Orientation program for volunteers:

NSS Cell USTM organized orientation of volunteers on 22nd April'2022 on role and responsibility of NSS volunteers. Students of all units actively participated to understand the core concept of NSS. The programme started with NSS theme song sung by the volunteers. After the inauguration by dignitaries, the programme officer in his welcome speech extended warm welcome to everyone. He also welcomed new members of the unit and expressed his gratitude to the University management for their cooperation and support. P.O has also addressed the NSS volunteers. The student coordinators presented a power point before the dignitaries about the rules, regulations and also introduced the new NSS year plan after the dignitaries released the NSS year calendar. The programme ended with vote of thanks.



Lecture delivered by Resource Person and all trainees



Resource Person Felicitation by Registrar USTM & NSS Program Coordinator

Distribution of food items to homeless people:

Students of the Department of Library and Information Science in association with NSS Cell, USTM, Distributed food items to the homeless people near Sukreshwar Ghat, Guwahati on the occasion of World Hunger Day 28th May' 2022.



Distribution of food items

Ayushman Bharat Diwas Observation:

On the occasion of Ayushman Bharat Diwas 23rd Sep'2022 Department of Library science in association with NSS Cell USTM organized blood donation camp. Students and faculty members mainly initiated the program. The blood collected from this camp was to be given to

the GMC Hospital. NSS Cell had arranged for refreshments for those who donated blood in the camp. Students and other people who had participated in this blood donation camp were given certificates and a small gift hamper.



Small gift hamper given to donor by VC USTM



Discussion with doctors regarding management of camp

Azadi ka Amrit Mahotsav: Tiranga distribution to villagers:

7 Units of NSS Cell USTM on 12th Aug distributed more than 500 Tiranga (National Flag) in nearby adopted villages to make aware on concept of Azadi ka Amrit Mahotsav celebration. All Program Officer guided their unit volunteers.



Distribution of flag by volunteers

International Youth Day Celebration:

As part of Azadi ka Amrit Mahotsav on the eve of International Youth Day 2022, USTM Student Parliament is going to conduct a Model Parliament to discuss the draft Digital India Act 2022 on 12th Aug 2022. Youths are the future Parliamentarian and to witness their responsibility towards social development, all are cordially invited to the MOOT Court, Block L of USTM at 11 am on 12th Aug 2022.



International Youth Day 2022 celebration 12th August

Har Ghar Tiranga at Old Age Home:

Dept of Political Science 14th August 2022 has organized Har Ghar Tiranga at Old Age Home in collaboration with NSS Cell as part of Har Ghar Tiranga to celebrate Azadi ka Amrit Mahotsav on 75th glorious years of independence at Sonapur Govt Old Age Home Guwahati. Students and faculty members got emotional while distributing Tiranga and Fruits to senior citizens of old age home. More than 30 saplings of Papaya Plants were also planted in the campus. Lets pledge to take care of our Senior Citizens on this 75th year of Azadi. Don't Forget Them Who Have Been Forgotten By Their Own.



Har Ghar Tiranga at Old Age Home distributing fruits to elderly

Grand Celebration of Azadi Ka Amrit Mahotsav:

15th August'2022 NSS Cell USTM organized Grand Celebration of Azadi Ka Amrit Mahotsav held at USTM campus on the occasion of 76th Independence Day. Dr Abdulaziz Al Musallam, Hon'ble Chairman of Sharjah Institute for Heritage, UAE hoisted the National Flag as the chief guest in presence of the Chancellor & the Vice Chancellor of USTM and other dignitaries at main sports ground of USTM.





Glimpses of celebration

International Day of Democracy Observance:

On 15th of September 2022, Dept of Political Science celebrated the International Day of Democracy. On this occasion, the department visited the adopted village Umlangpur in Ri Bhoi district Meghalaya and Student played a Skit to highlight the Power of Dialogue in Democracy among the villagers and School Children. In Campus, an awareness skit also performed among the students and faculty members at Amenity Centre at 3:00 pm on the same day. A special Signature Campaign organized to inculcate the values of Democracy among students and faculty members.



Celebration of

International Day of Democracy- 2022

Theme: "Awareness on Importance of Dialogue in Democracy"



Organised by
Department of Political Science
UNIVERSITY OF SCIENCE AND TECHNOLOGY MEGHALAYA
Accredited "A" Grade by NAAC

In association with : NSS Cell, USTM

Venue: Miss A.W. Thomas Secondary School
Umlangpur Village, Meghalaya (12.00 PM Onwards)
& Amenity Centre, USTM (3.00 PM Onwards)

Date: 15th September, 2022

CONCEPT NOTE

In 2007, the United Nations General Assembly resolved to observe 15 September as the International Day of Democracy—with the purpose of promoting and upholding the principles of democracy—and invited all member states and organizations to commemorate the day in an appropriate manner that contributes to raising public awareness. This year, Democracy Day will focus on the importance of media freedom to democracy, peace, and delivering on the Sustainable Development Goals. Free, independent and pluralistic media, able to keep the public informed on matters of public interest, is a key ingredient to democracy. It enables the public to make informed decisions and hold governments to account. When media freedoms are under threat - the flow of information can be stifled, skewed or cut off entirely. Increasingly, journalists around the world face limits to their ability to operate freely - with a grave impact on human rights, democracy and development.

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Activities in adopted village Umlangpur

NSS Foundation Day:

NSS Foundation Day 2022 observed on 24 September 2022 and various activities organized in USTM by different Units of NSS Cell. Lecture delivered on the theme Quality Life and

Social Responsibilities of Youths at NKC auditorium in the morning today. Dr Dipak Kumar, Regional Director NSS Guwahati addressed on this occasion on core values of NSS.



Snapshot of program

Cleanliness drive on the eve of NSS Day:

NSS Day observed by Department of Library and Information Science on 24th September 2022 in association with NSS Cell USTM. A cleanliness drive organized in the adopted village to make community aware on the importance of cleanliness in day to day life.



Student's activity in adopted village

A program on Mental Health:


Department of Mathematics, USTM in collaboration with NSS Cell and Counseling & Wellness Division organised a session on "Mental Health and Emotional Intelligence" at the NKC Auditorium on 30th September 2022. Students of all stream attended the session.



Release of booklet on Mental Health and Emotional Intelligence by Resource person

Gandhi Jayanti Celebration:

On the eve of Gandhi Jayanti 1st Oct'2022, Dept of Political Science USTM in collaboration with NSS Cell organized a "Clean India Campaign for Healthy Environment". Govt of India under Ministry of Sports & Youth Affairs has announced to observe Clean India Campaign from 1st Oct to 31st Oct to carry forward the mission of Mahatma Gandhi on Swatch Bharat. Program organized at adopted village Umlangpur in Ri Bhoi district on to spread awareness on clean environment. The students participated in cleanliness drive at the village under this program.



Celebration on the eve of
Gandhi Jayanti

Theme: "Clean India Campaign for a Healthy Environment"

Organised by
Department of Political Science
UNIVERSITY OF SCIENCE AND TECHNOLOGY MEGHALAYA
Accredited "A" Grade by NAAC

In association with: **NSS Cell, USTM**

Venue: Umlangpur village, Ri-Bhoi
Date: 1st October, 2022

CONCEPT NOTE

On the eve of Gandhi Jayanti the Department of Political Science in collaboration with NSS Cell (USTM) is organising a cleanliness drive at the adopted village of the Department of Political Science. This is important as Mahatma Gandhi always gave value to cleanliness during his lifetime. To remember his concern towards a clean India, the Central Government launched the Swatch Bharat Abhiyan. The Ministry of Youth Affairs and Sports of India has announced Clean India Campaign from 1st October to 31st October 2022. The initiative of the Department of Political Science is a humble process towards the same campaign. It will definitely aware the people towards Gandhi's ideology. The student of the department will try to bring awareness among the villagers regarding the importance of cleanliness and hygiene. They will also take part in a cleanliness drive in the village. It will also enhance students communication skills.

EVENT CO-ORDINATORS

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Cleanliness drive at Umlangpur village Ri Bhoi district

Awareness on Sukanya Samriddhi Yojana:

On 12th November 2022 an Awareness on Sukanya Samriddhi Yojana (on the eve of Children's Day 2022) organized by Department of Political Science in the premises of Little Star Senior Secondary School 9th mile, Baridua, Meghalaya. Under this program Drawing and Singing competition conducted among the school children along with other activities.



Activities among the school children

Ayurvedic Health Camp:

The Department of Commerce & NSS Cell, USTM organized an Ayurvedic Health Camp at the adopted village Noksikgittim on 3rd December 2022, in association with Hospital of Ayurveda & Naturopathy (UHAN), USTM. The health camp witnessed the screening of more than 30 patients ranging from 6 years to 100-plus-year-old villagers suffering from various diseases. The patients were counseled by Dr. R. K. Sarma, who is the Advisor to UHAN and IAMC and former Principal of Assam Ayurvedic College, and Dr. Anil Kr Sarma, Director, of IAMC, and former Professor of Assam Ayurvedic College.



Snapshot of Ayurvedic Health Camp

A program on Women Issues:

10th December'2022 a program on Women's Reservation Bill organized by Dept of Political Science USTM in association with NSS Cell USTM to mobilize students on social issues.


USTM Student Parliament


Theme: "Debate on passing Women's Reservation Bill"

Organized by
Department of Political Science
UNIVERSITY OF SCIENCE & TECHNOLOGY MEGHALAYA
Accredited 'A' Grade by NAAC

In collaboration with **NSS Cell, USTM**

Date : 10th December, 2022
Venue : MOOT Court, Block-L, USTM
Time : 2.00 pm onwards

Supported by: IQAC, USTM

Concept Note:
 The Women's Reservation Bill or the Constitution (108th Amendment) Bill, 2008 seeks to reserve one-third of all seats for women in the Lok Sabha and the state legislative assemblies. The allocation of reserved seats shall be determined by such authority as prescribed by the Parliament. One-third of the total number of seats reserved for Scheduled Castes and Scheduled Tribes shall be reserved for women of those groups in the Lok Sabha and the legislative assemblies. Reserved seats may be allotted by rotation to different constituencies in the state or union territory. Reservation of seats for women shall cease to exist 15 years after the commencement of this Amendment Act. The Rajya Sabha passed the Bill on 9th March 2010. However, the Lok Sabha never voted on the Bill. The Bill lapsed since it was still pending in the Lok Sabha and the Lok Sabha expired two times in 2014 and 2019.

In the light of last cabinet meeting, it was decided as a policy of the new government to re-introduce the Bill in the Lok Sabha. The union minister for women and child development is privileged to undertake this task on the auspicious Human Rights Day on 10th December, 2022.

Terms & Conditions for Participation

- UG/PG Students of any Department can participate as speakers
- Last Date of registration- 8th December, 2022
- For Registration please contact with the event Co-ordinators
- Certificate of Participation will be provided to the speakers

Conveners
Dr. Md. Nazeer Hussain
 Head of the Department
 Dept. of Political Science, USTM

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Glimpses of program

Green India Mission:

14th December'2022 Department of Political Science organized an Awareness Program on Green India Mission (A Govt of India Initiative) at Jorbil Village Meghalaya in collaboration with NSS Cell. The awareness program was followed by plantation drive and data collection by the students from villagers.




Awareness Program on
GREEN INDIA MISSION
(A Govt. of India Initiative)


Organized by
Department of Political science
UNIVERSITY OF SCIENCE AND TECHNOLOGY MEGHALAYA
India Ranking-2022 (151-200) Accredited "A" Grade by NAAC

In collaboration with
NSS Cell USTM

Concept Note
 Protection of environment is an important issue in today's time that requires joint action of people and government. India's forest cover is depleting and it is impacting the environment in a negative manner. Therefore, the Government of India has launched the National Mission for a Green India, commonly known as the Green India Mission (GIM) in the year 2014 as one of the eight Missions under the National Action Plan on Climate Change. The mission aims at protecting, restoring and enhancing the India's forest cover and responding to Climate Change. By taking inspiration from the aforsaid mission and also to know the grass-root reality regarding important issues prevalent in a society, the Department of Political Science, USTM in collaboration with NSS Cell (USTM) is organizing an outreach activity cum field study to a nearby village. The student of the department will try to bring awareness among the villagers regarding the importance of environment protection and how afforestation can help in environment protection. In this regard, student will deliver a speech in English, Khasi and Garo languages among the villagers. Further, the students will try to gather information from the villagers regarding the Green India Mission through questionnaire. The student will also try to gather information on important social issues with the help of this outreach activity cum field study. The department will also do a plantation drive by honoring the idea of a responsible citizen and the mission.

Date : 14th December, 2022
Venue : Jorbil Village, Meghalaya

Event Co-ordinators
Ms. Rajni Jai Singh
 Asst. Prof., Dept. of Political Science, USTM
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Initiative towards the collective responsibility of environmental protection

Awareness on Drug use:

11th January 2023 a workshop on "Quality Practices for Alcoholism and Drug Abuse Prevention" organized by the PQH School of Education in collaboration with State Level Coordinating Agency (SLCA), Drug Prevention for Assam and Meghalaya. It has been

supported by the Ministry of Social Justice and Empowerment, Govt. of India and NISD, NSS Cell of USTM.



Resource Person addressing

Golden Jubilee Celebration of North Eastern Council:

20th January'2023 on the eve of Golden Jubilee Celebration of North Eastern Council volunteers of NSS Cell of USTM participated in the Mini Marathon organized by the Govt of Assam as part of the Golden Jubilee Celebration of North Eastern Council (1972-2022).



Participation of NSS volunteers in Golden Jubilee Celebration of North Eastern Council

National Girl Child Day:

The NSS Cell in association with Applied Biology, University of Science and Technology Meghalaya has organized an outreach programme on account of National Girl Child Day on the 24th of January, 2023 at 9th mile Baridua, Ri-Bhoi Meghalaya. The students were headed by Dr. Sony Kumari, Mr Jishu Raj Chetia and Mr Pranav. There were 27 students of NSS from Applied Biology department in total. The main objective of the program prepared by the students was to “Spread awareness on girl child trafficking emphasizing girl safety in today’s scenario”, keeping in mind small girls and their parents as the main target audience. Children and their parents were invited to attend the program which was conducted in the community hall. The program commenced with a short skit prepared by the students who enacted out a story involving the struggles of a girl child who was subjected to abuse and denied of education. The main takeaway was to remind everyone of the issues of girls that continue to plague today’s world.



Children friendly discussion and with children

Participation of NSS Volunteers USTM National Youth Festival:

Volunteers of NSS Cell USTM participated 36th Inter University National Youth Festival organized by Association of Indian Universities (AIU) hosted by JAIN University (deemed to be University) Bangalore from 24th to 28th Feb 2023.



Award winner volunteers of NSS Cell USTM along with Program Officer

All the 17 units collectively worked together to help in the development and growth in all concern areas. Thus we USTM NSS Cell worked with a single thought in our minds to achieve the objective of NSS is that “Be the Change, You Wish to See”.

Event Calendar: 2022-23

April-2023			
1	Orientation of Programme officers of USTM	1st week of April	Program Officer Unit-2
2	Registration of new Volunteers in NSS	2nd Week of April	Program Officer Unit-4
3	World Earth Day celebrations by NSS	3rd Week of April	Program Officer Unit-1
May-2023			
1	Orientation Programme of new NSS Volunteers	1st Week of May	Program Coordinator
2	Cleanliness drive by NSS Cell	2nd Week of May	Program Officer Unit-6
3	Program on Reuse Recycle & Reduce in near by villages	2nd Week of May	Program Officer Unit-3
4	Blood Donation Camp by NSS	3rd Week of May	Program Officer Unit-9
June-2023			
1	Observation of World Environment Day on 5th June. Plantation of 150 000	4th Week of June(because of summer break)	Program Officer Unit-2
2	International Yoga Day Celebrations by Physical Education & NSS	4th Week of June	Program Officer Unit-7
July-2023			
1	Van Mahotsava Week from 1-7 July by the Units.	1st Week of July	Program Coordinator
2	Participation in various capacity building training programmes for NSS functionaries.	2nd Week of July	Program Coordinator
3	Starting a neighborhood watch group	3rd Week of July	Program Officer Unit-1
4	Self Defense Training to Girl Students	4th Week of July	Program Officer Unit-4
August-2023			
1	Interaction with colleges for introduction on Skill Development Orientation and selection of NSS volunteers for Pre-RD / Pre-SRD Camps by various University/college as per their allocation	1st Week of August	Program Coordinator
2	University level Awards distribution to volunteers	2nd Week of August	Program Coordinator
3	Independence Day Celebration by all units among the villagers of nearby areas	3rd Week of August	Program Officer Unit-All
4	Starting of Teach children after the school	4 Week of August	Program Officer Unit-8
September -2023			
1	Drug-free campaign and starting of neighborhood watch program	2nd Week of September	Program Officer Unit-10
2	NSS Foundation Day Celebrations – 24th September	4th Week of September	Program Coordinator

October-2023			
1	Gandhi Jayanti Observation (plantation drive, health camp, school stationary distribution to poor students)	1st Week of October	Program Officer Unit-All
2	Cloth distribution to needy by volunteers	2nd Week of October	Program Officer Unit-7
3	Finalization of Camp site for organizing of special camps by NSS Units	3rd Week of October	Program Coordinator
4	Drive on senior citizens for doctor appointments	4th Week of October	Program Officer Unit-6
November-2023			
1	Anti Tobacco Day and stop to junk food	1st week of November	Program Officer Unit-3
2	Blood Donation Camp	3rd Week November	Program Officer Unit-8
3	Adoption of 17 villages/slum areas/communities by the NSS Units	4th Week November	Program Coordinator
December-2023			
1	AIDS awareness in localities connecting World AIDS Day	1st Week, December	Program Officer Unit-10
2	Activities on Human Rights Day	2nd Week of, December	Program Officer Unit-1
January-2024			
1	National Youth Day Celebration	1st Week, January	Program Officer Unit-All
2	Community Garden/Herbal gardening	3 rd Week, January	Program Officer Unit-All
3	Martyr's Day or Shaheed Diwas Celebration by serial program on environmental sustainability	4th Week, January	Program Coordinator
February-2024			
1	World Cancer Day	1st Week, February	Program Officer Unit-All
2	River Cleanup Drive	2nd Week, February	Program Officer Unit-6
3	Food distribution drive by NSS	4th Week, February	Program Officer Unit-5
March-2024			
1	Awareness program to sensitize the community on environmental sustainability	1st Week, March	Program Officer Unit-6
2	Women's Day Celebration	2nd Week, March	Program Officer Unit-All

Activity Gallery



Activity Gallery



Activity Gallery





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